

Reflecting on our vision-trip to Kwazulu-Natal and Eswatini

by Matthew Blows



With my 6 years of undergraduate training in medicine at Stellenbosch University having concluded weeks prior, I was looking forward to serving alongside fellow brothers and sisters in Christ, including Shayan to whom I will be handing over CMF Tygerberg leadership for the 2026 term. I was excited having heard stories from my friends who have worked alongside Dr Victor and uGogo Rachel.

We saw such a beautiful part of Southern Africa, the lush region of northern KZN extending into Siteki in Eswatini. From the get-go, an intentional plan was in place to engage with the local projects aiming to share God's love – from children's homes, Christ-centred private practice, thoughtful youth programs, local CMF gatherings, as well as the eye clinic and local health care services in Eswatini to name a few. It was a time of learning, encouragement, Bible study, fellowship and adventure.



My highlight was the Mseleni Children's Home and Compassion Ministries. The comprehensive nature of the care provided left me in awe. The willingness and commitment of the team members we met really showed their grounding in a Holy God. Despite the reality of living in a fallen world, I saw love and care which reminds me of words from the author in Lamentations, "The steadfast love of the Lord never ceases, his mercies never come to an end; they are new every morning; great is your faithfulness. "The Lord is my portion," says my soul, "therefore I will hope in him.""



As I reflect on my undergraduate degree and the vision trip, I call out those same hope-giving words "The Lord is my portion". I endeavour to share that with as many people I come across, inside and outside of the health care setting, so that they may have hope. I am grateful for all those who played a part in supporting my trip, and to our leaders Dr Victor and uGogo Rachel working for SIM, and to the team with whom I spent the week.